

The AHSTC Swim/Dive 2018 Season

Summer swim and dive teams are extremely fun for parents and kids! It is also a great opportunity to make new friends and get reacquainted with old friends! Our Gator Team season competes for about six short weeks from June to July, with a finals meet at St X High School Natatorium. We celebrate the end of the season with a banquet as AHSTC in July. Think of it as “advanced” swimming lessons; your kids will be learning, while getting or keeping them in shape, and the commitment level is what you and your family chooses! Feel free to email with questions at ahstclub.swimdive@gmail.com

TEAM FEES: *Covers summer training practices offered 5 days a week, coaching costs, PPSL league, meet involvement and a swim cap.*

Swimmers 12 & Under - \$75 each

Divers 12 & Under - \$85 each, or \$100 if a child swims and dives

Mini-gators 6 & under - \$75

Swimmers 13 & older - \$55

Divers 13 & older - \$65 each or \$85 if your 13 & older child swims and dives

DIVING: In order to participate in diving, a child must meet the same requirements of the Mini-Gator swim program. (see below)

REGULAR SEASON PRACTICES:

Regular summer practices are daily, but are also very flexible for your family. They will begin on June 4th. You are able to drop your child off for their practice time. As a guideline, practices 3 times a week are recommended. The level of commitment is your families’ choice. Fridays are a favorite for kids-- it is Donut Day!!

Dive Team: Mon. –Fri. 10:00 -12:00noon
Mon. –Wed. 5:00 -7:00pm

Swim Team: M,T,W & F. 9:30 - 10:15am 11 and older
10:15 - 11:00am 9-10
11:00 - 11:45am 8 & Under/6 & under

MEET DAY PREP PRACTICE : THURSDAYS 11:00 -11:45 ONLY – ALL AGES

EVENING OPTIONS : MON. AND TUES EVENING 7:00pm – 8 :00 pm
JUNE ONLY only by coach’s discretion

Mini Gators

M, T, W, TH, F

10:00-10:40 am
10:45 -11:25am

Group I
Group II

MEETS: There are 5 meets and then finishes with championships in July. This year we only host three home meets. There are 2 away meets this year.. We travel to Clifton Meadows and Mt.Lookout. Our Mt.Lookout meet will be a tri-meet on Tuesday, June 26th.All other meets are on Thursdays. Dive meets begin BEFORE the swim meets around 4pm. Most swim meets last about 6pm -9pm depending on the number of swimmers participating in the meet. Warm up times not included.

PPSL Championships are as follows :

PPSL B Champs Dive : July 7th at Clifton Meadows

PPSL B Swim Champs : July 9th at Madeira

PPSL A Swim Champs :July 10th prelims and July 11th Finals

PPSL A Dive Champs : July 12th and July 13th at North Hills

PARENT WORKER REQUIREMENTS: There are 5 swim meets and a Championship Meet each season. Meets are optional and you are able to sign up to swim according to your family schedule. **However, every family is required to work ONE HALF of each swim meet in which your child swims.** As with any other sport or activity your child participates in, these meets DO NOT run without volunteers. Jobs for parents include timer, ribbons, clerk of course, runner to name a few. All jobs are easy (but can sound hard!) and parents will be trained. There is easy on-line website to sign up for working the meets.

CONCESSIONS FOR 2017 : Our concession stand at home swim meets will be run by the Snack Shack . The Gator Grill will still be available during the meets where we sell hamburger and hot dogs. Families are being asked to pay \$5.00 for each child with a \$10.00 maximum per family to keep the Snack Shack stocked and the Gator Grill going!

MINI GATOR PROGRAM: The Mini-Gator program is limited to approximately 20-25 swimmers. Each must be at least 5 years old (unless otherwise arranged and space allows) and must be able to swim two-thirds the length of the pool without walking on the bottom or grabbing the lane lines. **All children who wish to be a part of Mini Gators must be evaluated.** In order to participate in diving, a child must meet the same requirements of the Mini-Gator swim program. Registrations for new Mini-Gators do not need to be completed until the children have tried out and been invited to participate in the program. The coaches will evaluate the swimmers to determine if they are ready to join the program either as a Mini or in our 8 and under group or 6 and under group.If they are unable to meet the requirements, they will not be able to participate in the program for safety reasons, but are encouraged to enroll in one of our fabulous swim lesson sessions.

As a Mini-Gator, your child will learn how to swim one lap of proper freestyle and possibly backstroke with a proper start. Mini-Gators who are ready will have the opportunity to swim in a home meet.

Returning Mini-Gators (those who were on the Mini-Gator team roster last year) WILL need to be evaluated this year. It is possible that your swimmer can move up to the “big” team in our 6 and under or 8 and under group. You may choose which meets you wish to attend evaluations for ALL Mini-Gators will be held on Monday , June 4th and Tuesday June 5th – 10 am -10:30am as well as on June 5th from 7:30-8pm at AHSTC. **Mini- Gators must attend ONE of the evalautionsto be considered for the team.** Those swimmers who make the Mini-Gator Team will be notified by June 8th with practices starting June 11th .

If you choose, team suits must be purchased through SwimVille at Toll Free: 859-441-7946 who will also be helping without team suits this year!

RETURNING !!! : Welcome Gators Party: Sunday, June 3rd

4:00pm – 7:00pm

Families with a child or children swimming or diving are invited to attend this event. Parents will have the opportunity to learn the many volunteer positions and sign up early. The coaching staff will be introduced and an overview of the swim and dive program will be provided. Question and Answer session and a chance to meet and reconnect with the Gator families, swimmers and divers. Pizza will be provided along with a Happy Hour with the Gator parents. Bring your own everything else! At the Welcome Party, you will be able to learn about the sign up process for swim meets and the parent volunteer positions available at this time

REGISTRATION: Registration for the 2018 Gators swimming and diving program will be done the same as last year. **ALL** registration need to be started on Team Unify and will be open starting on May 7th, 2017. Follow this link (or copy and paste) to registration:

<http://www.teamunify.com/recppahgoh>

BACK THIS YEAR : ONLINE CREDIT CARD PAYMENT ACCEPTED ON TEAM UNIFY WHEN REGISTER!!! THIS WILL BE THE ONLY FORM OF PAYMENT THIS YEAR!

TEAM SUITS: Same as last year

If you need to purchase a new suit and did not make it to Suit Up Day on May 3rd,2018; you will be able to order at the vendors location :

SwimVille located at 90 Alexandria Pike, Ft. Thomas, KY 41075 or call 856-441-7946

Questions?

Feel free to contact:

Libby Hardewig: Email : ahstclub.swimdive@gmail.com Cell: 513-325-8677
AHSTC Board Rep and Head Parent Rep for Swim

Kris Carnevale : Email: carnevalek3@gmail.com Cell :513- 709-4152
Co-chair Swim

Amy Elmore : Email: elmorefamily4@gmail.com Cell: 513-910-6408
Co-chair Swim